How To Tear Kri'a

If you are in mourning for a parent, whether you are a *man* or woman, tear a vertical tear 4 inches (10.2 cm) long on your outermost garments (shirt and jacket, if you wear one) at the neck on the left side. The bulk of the tear must be made by hand, not with scissors or a knife, although you may start the tear with a sharp implement.

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