

## Synagogue Seat When Mourning for Parent

Change your normal seat in synagogue during the year of mourning for a parent. (The rabbi is not required to change seats). You should move to a seat further away from the aron hakodesh than your previous seat (since seats further from the aron are considered to be less prestigious than those close to the aron).

**REASON** This is to show humility and that we feel subdued due to the death.