

Eating Only after Jewish Festival Kiddush

As on Shabbat, once you have said the anida of Jewish festival shacharit, you may not eat any food until you have said (or heard) kiddush and finished kiddush requirements by either drinking 4 fl. oz. (119 ml) of wine/grape juice or eating at least 1.3 fl. oz. (39 ml, or 1/6 cup) of mezonot or bread.