

Jewish Festivals: When You May Take a Painkiller

You may take a painkiller on the first day of Jewish festivals if the pain:

- Affects your entire body, or
- Keeps you awake.

NOTE This also becomes the criterion for whether to take the pain killer during the daytime: if the pain you feel during the day would keep you awake if you were trying to sleep.

NOTE You may take painkillers without any restrictions on the second Jewish festival day (except Rosh Hashana).