How Much Matza To Eat

Motzi, Matza

For *motzi* and *matza* together, you must eat at least 1.9 fl. oz. (56 ml) of *matza* within a 4-minute period from when you begin eating.

Afikoman

For *afikoman*, you must eat another 1.9 fl. oz of *matza*; *b'di'avad*, at least 1.3 fl. oz. (39 ml, or 1/6 cup) is sufficient.

NOTE This amount is about 1/2 of a machine *shmura matza*, or 1/3 of a hand *shmura matza*.

NOTE If your mouth is too dry to eat that quickly, you may drink water with the *matza*.

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