## **How Much Matza To Eat**

## Motzi, Matza

For <u>motzi</u> and <u>matza</u> together, you must eat at least 1.9 fl. oz. (56 ml) of <u>matza</u> within a 4-minute period from when you begin eating.

## Afikoman

For *afikoman*, you must eat another 1.9 fl. oz of *matza*; *b'di'avad*, at least 1.3 fl. oz. (39 ml, or 1/6 cup) is sufficient.

NOTE This amount is about 1/2 of a machine <u>shmura matza</u>, or 1/3 of a hand <u>shmura matza</u>.

NOTE If your mouth is too dry to eat that quickly, you may drink water with the *matza*.

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