## Yom Kippur: Birkat HaMazon If You Must Eat Bread

If you must eat a meal including at least 1.3 fl. oz. (39 ml, or 1/6 cup) of bread on <u>Yom Kippur</u>, say <u>birkat ha'mazon</u> afterward. Add <u>ya'aleh v'yavo</u> (and if <u>Yom Kippur</u> coincides with <u>Shabbat</u>, also add <u>retzei</u>).

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