

Tish'a B'Av: Pre-Fast Meal

You may say *birkat ha'mazon* with a *mezuman* or with a *minyan* during the *Nine Days*. But you may not do so at the meal preceding *Tish'a b'Av* (*se'uda ha'mafseket*).

REASON Only bread dipped in ashes and a hard-boiled egg should be eaten and that is not a meal for socializing or togetherness.