

Tish'a B'Av: Pre-Fast Meal

You may say birkat ha'mazon with a mezuman or with a minyan during the Nine Days. But you may not do so at the meal preceding Tish'a b'Av (se'uda ha'mafseket).

REASON Only bread dipped in ashes and a hard-boiled egg should be eaten and that is not a meal for socializing or togetherness.