Arm Tefila: How To Finish

- Unwrap the excess strap from your palm and wrap it three times around your middle finger while saying the three "<u>v'eirastich li</u>" phrases, one for each wrap.
- Wrap the strap around your palm in the shape of the *Hebrew* letter "shin."
- Wrap the excess around your palm and tuck in the end of the strap to keep it tight and out of your way.

NOTE You may not say <u>amen</u> or reply to <u>kaddish</u> or <u>kedusha</u> if you have said the blessing on your arm <u>tefila</u> but have not yet said the blessing on your head <u>tefila</u>.

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