

# Kashrut: Dairy/Meat: Waiting between Eating: Bread with Dairy, Then Meat

**SITUATION** You said ha'motzi over bread for a dairy meal.

**STATUS** You may not reuse the same bread for a meat-containing meal.

**WHAT TO DO** You may either:

- Get some new bread, or
- Not eat bread at all with the meat.

**NOTE** There is no need to say birkat ha'mazon after the milk-containing food and then say ha'motzi (or other fore-blessings) before eating the meat-containing foods.