

Introduction to Morning Prayers/Shacharit (Weekday): Order of Prayers

Here is a typical order of waking/morning prayers for weekdays (many people say these blessings at the synagogue instead of at home):

- **Wake**
Wake and wash hands (Three-Times Method).
- **Bathroom**
Take care of any toilet needs, wash your hands (One-Time Method).
Say blessings al netilat yadayim and asher yatzar (until l'fgarim meitim).
- **Torah Blessings**

Say Torah blessings (from la'asok bi'divrei Torah until talmud Torah ki'negged kulam).

- **Talit Katan**
Put on talit katan (for men).
Say blessing if not married or if not putting on talit gadol later.

NOTE You may put on the talit katan before washing your hands

- **Birchot HaShachar**

Say birchot ha'shachar (from natan la'sechvi... until ven brit) before, or at, synagogue.

- **Talit/Tefilin**

Put on:

- Talit (for married men or other men with that custom).
- Tefilin (for men).
- **L'olam Yihei Adam/Korbanot**

Say:

- L'olam yihei adam,
- Short shema,
- Paragraph ending mekadeish et shimcha ba'rabim,
- Readings on sacrifices/korbanot,
- 13 rules.
- **Psukei D'Zimra**

Say:

- Psalm 30/Mizmor Shir Chanukat habayit.
- Baruch she'amar through yishtabach (includes ashrei).
- **Bar'chu/Shema/Amida**

Say bar'chu through end of amida (including shema, with two blessings before and one after), tachanun (when appropriate) and ashrei through to alenu.

- Psalms/Alenu

Say alenu and psalm for the day.

Terms To Know

- Neitz, HaNeitz—Sunrise
- Alot HaShachar—72 minutes before sunrise
- MiSheyakir-- 36 minutes before sunrise in New York in winter and 40 minutes in summer. Nearer to the equator, the maximum time is shorter.

NOTE Even though mi'sheyakir means when there is enough light to identify your friend, it also means when you can differentiate between blue and white threads in the tzitzit, since the mitzva of tzitzit is only during the daytime.

When Things Happen

Before Alot HaShachar (72 minutes before sunrise)

You can put on tzitzit/talit and tefilin without blessings.

Alot HaShachar

You can say:

- Birchot ha'shachar.
- Shema and amida, b'di'avad.

Mi'sheyakir (36-40 minutes before sunrise)

You can say:

- Blessings over tefilin and tzitzit/talit.
- Shema and amida as necessary.

K'Vatikin

You can say shema l'chatchila--and begin saying the amida exactly at sunrise.

By Third *Halachic* Hour of the Day

You have until the third *halachic* hour of the day to say:

- The blessing mekadeish et shimcha ba'rabim if you want to include the word Adonai.
- Morning shema.

By Fourth *Halachic* Hour of the Day

You have until the fourth *halachic* hour of the day to say any of the prayers from barchu until the end of the amida.

Halachic Mid-Day

You have until *halachic* mid-day, b'di'avad, to say the shacharit amida.