Very Early Shacharit: How To Begin

If you must say *shacharit* very early:

1. Say *birchot ha'shachar*;
2. When you reach the end of *yishtabach*, if it is:
    - 36 minutes (or less) before sunrise:
        - Pause after the blessing (ending *El chay ha'olamim*),
        - Put on your *talit* and *tefilin*, and
        - Say the appropriate blessings.
    - More than 36 minutes before sunrise:
        - Put on your *talit* and *tefilin* WITHOUT saying the blessings. Later, after it is less than 36 minutes before sunrise:
            - Hold your *tzitzit* and say the *tzitzit* blessing,
            - Move your *tefilin* slightly,
            - Say the *tefilin* blessings (if you are in a place in the prayer service where you are permitted to interrupt).

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