

# Yehi Ratzon of Refa'einu for a Sick Person

To pray for a sick person, say the yehi ratzon inserted into the refa'einu (8th) paragraph of the amida on weekdays (but not on Shabbat or Jewish festivals) either:

- When saying the amida (add your request after "makoteinu"), or
- After reciting Tehilim (Psalms) for the sick person (see [Concluding Tehilim with Yehi Ratzon of Refa'einu](#)).