

## Shabbat: Candles: Lighting with Delay until Sunset

Under extenuating circumstances, women may make a “condition” by saying “I am lighting Shabbat candles but not starting Shabbat until sunset” to delay Shabbat until sunset, when it will begin anyway.

**NOTE** Women should not routinely start Shabbat at sunset since the proper time for women to begin Shabbat is at candle lighting (typically 18 minutes before sunset).

**REASON** An opinion exists that Shabbat actually begins at 18 minutes before sunset; that is the origin of this time for women to begin Shabbat.