Shabbat: Candles: How To Do Blessing: Women

Here is the order for blessing over the *Shabbat* candles by women:

- Light the candles,
- Put your hands in front of your eyes (this a universal custom), and
- Say the blessing *lehadlik ner shel Shabbat.*

NOTE It is a custom to make requests at candle lighting, but *rabbinic* guidance may be helpful in how to structure the request.

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