Carrying in Mouth on Shabbat

You may not carry items in your mouth outside a private domain or an eruy on Shabbat.

EXAMPLES

- Outside a private domain or an *eruv*, you may not carry food in your mouth that you were eating when you left your house.
- You may not chew gum in a public area without an *eruv*.

© Copyright 2025 Richard B. Aiken | www.practicalhalacha.com