

# Grinding on Shabbat: How Finely You May Grind

You may not grind, grate, or even finely chop or dice food on Shabbat. You may not use a garlic press on Shabbat.

The minimum size before violating the melacha of tochein varies by the type of food. The resulting pieces must be somewhat larger than the size you would normally use in order to be permitted.