

# Havdala: Who Drinks the Beverage

**For men:** No one should drink the havdala beverage except the person saying havdala. This is a non-binding custom, not a halacha.

**For women:** This custom does NOT apply to women. Women who say havdala for themselves may give their havdala beverage to someone else to drink.

**NOTE** During the Nine Days, the person saying havdala may drink the wine.