What To Use for Havdala

You may use any nice-smelling substance for *havdala* "*besamim*," not just spices; but the source of the scent must be natural. There is no priority for using cinnamon.

NOTE For *besamim,* you may scratch a lemon or orange or other aromatic fruit and sniff the fruit itself (but not your hand). However, say the normal *havdala* blessing, *borei minei v'samim,* instead of the normal blessing for smelling fruits (*ha'notein rei'ach tov ba'peirot).*

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