

## Blessings and Using God's Name in Vain

You may not use God's name unless there is a positive purpose. Anyone may say any of God's names anytime when studying Torah, even a girl or woman who is reading the Torah with cantillation/trop where she might need to repeat God's name or other words in a line/pasuk and thereby not say the entire pasuk as it is written.

It is permissible to use God's name (and not an altered name such as “*Keil*” or “*Elokim*”) in these cases:

- When reciting a sentence or phrase from the Torah.
- For any type of teaching of Torah, blessings, and prayers to children up to bar/bat mitzva age.
- In Shabbat songs/zmirot.

**NOTE** When singing zmirot on Shabbat, you should use God's correct name, since zmirot are a form of prayer.