Birkat HaMazon: Eating for Minyan

You may say *birkat ha'mazon* with a *minyan* if:

- At least seven men washed, said *ha'motzi*, and ate bread, with
- Enough other men who ate some food (anything other than water or salt) to total 10 men.

NOTE If the 10 men's eating overlapped in time with each other, they MAY say *birkat ha'mazon* with a *minyan*.
If the 10 men began eating at the same time, they MUST say *birkat ha'mazon* with a *minyan*.

© Copyright 2026 Richard B. Aiken | www.practicalhalacha.com