

# When To Say Psalm 27/L'David Adonai Ori V'Yish'i

Begin saying *L'David Adonai ori v'yish'i* (Psalm 27) on the first day (at night) of *Elul*, not the first day of *Rosh Chodesh Elul* (the 30th of *Av*). The last day to say this Psalm is 22nd of *Tishrei* (*Shmini Atzeret*). This Psalm is recited twice daily, in *shacharit* after *shir shel yom* and in *ma'ariv* after *alenu*, including on *Shabbat* and *Jewish festivals*.