Blech and Food Fully or Incompletely Cooked by Sunset

When using a *blech* (sheet of metal to cover fire source and controls), it is customary for food to be fully cooked (edible) before sunset (or before candle lighting for a woman) to avoid the temptation to stir the food or increase the heat to help the food cook more quickly.

© Copyright 2024 Richard B. Aiken | www.practicalhalacha.com