

# Hidur Mitzva/Mehadrin

Almost all mitzvot may be enhanced by:

- Making them beautiful (hidur mitzva), or
- Observing non-required stringencies (mehadrin).

## Hidur Mitzva

### EXAMPLES

- Women baking challa for Shabbat and Jewish festivals (and separating challa as a remembrance of the challa that was given to the priests/cohanim in the Temple).
- Wearing especially nice clothes and eating special foods on Shabbat and Jewish festivals.
- Using beautiful fragrances, tastes, textures, colors, and artistry in serving God.

## Beautiful

### EXAMPLES

- Shabbat/Jewish festival table (set with beautiful challa cover, silver, kiddush cups).
- Havdala set and pleasant-smelling spices for havdala.
- Sukka and putting your finest things in it.
- Etrog/etrog case.
- Shofar.
- Seder plate, matza holder, and matza cover.
- Illuminated hagadas (hagadot) and megilas (megilot).
- Chanuka candle-holder (menora, chanukiya).
- Torah scroll written with a fine pen and beautiful script and wrapped in beautiful silks.
- Mezuza covers.
- Ketuba.
- Wimple (to wrap baby in prior to brit mila; then donated to hold the two parts of the Torah together).
- Elijah's Chair/Kisei Eliyahu.
- Synagogues.
- Chuppa.

## Mehadrin

### EXAMPLES

- Chalav Yisrael--When consuming milk and milk products, eating or drinking only those items whose production was supervised by religious Jews;
- Pat Yisrael—When eating bread, only eating bread baked by Jews (not necessarily by religious Jews);
- Glatt meat—When eating meat, eating only meat that had no lesions on the animal's lungs;

- Lighting more than one Chanuka candle each night (beginning on the 2nd night) and having more than one person in each house light their own candles.