Tzitzit: At Night or While Sleeping

Tzitzit should be worn day and night but not during sleep. (The commandment is to wear *tzitzit* only during the day, but they still provide protection at night.)

NOTE Men (and boys) wear a *talit katan* even after dark but only on clothes which are primarily worn during the daytime), due to doubt as to whether *tzitzit* are required at night.

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