

# JEWISH FESTIVALS: BRUSHING TEETH

## **Jewish Festivals: Water, Tooth Powder, Toothwashing Liquid**

You may use water, tooth powder, and toothwashing liquid on Jewish festivals. But, to avoid squeezing the toothbrush bristles, you must put the water or toothwashing liquid into your mouth and not on the brush.

## **Jewish Festivals: Flossing Teeth**

You may floss your teeth on Jewish festivals as long as your gums do not bleed.

## **Jewish Festivals: Cutting Floss**

You may not cut floss on Jewish festivals, so it is best to cut the floss before the festival starts.

**NOTE** Even if you did not cut the floss ahead of time, you may still pull out a length of floss and clean your teeth (but be careful not to cut off the floss when you are finished.)