JEWISH FESTIVALS: DAY: PRAYERS

JEWISH FESTIVALS: SHACHARIT: EATING

JEWISH FESTIVALS: SHACHARIT: EATING BEFORE

Eating before Making Jewish Festival Kiddush

As on *Shabbat*, you may eat non-*mezonot* and non-bread food before praying *Jewish festival shacharit* and without making *kiddush*, in order to avoid hunger or hypoglycemia (low blood sugar).

Women and Minimum Prayer before Jewish Festival Kiddush

The minimum prayer that a woman should say on *Jewish festival* (or *Shabbat)* morning before saying *kiddush* and eating some food is *birchot ha'shachar*.

Eating before Jewish Festival Midday

As on *Shabbat*, don't fast on *Jewish festivals* (except *Yom Kippur*!) past *halachic midday*.

- If you will not finish *shacharit* before *halachic midday*, you should eat or drink earlier in the day, even before you begin *shacharit*—water can be sufficient for this purpose.
- If you will finish *shacharit*, but not *musaf*, by *halachic midday*:
    - Finish *shacharit*,
    - Make *kiddush*,
    - Eat some *mezonot*, and then
    - Return to say *musaf*.

JEWISH FESTIVALS: SHACHARIT: EATING AFTER

Eating Only after Jewish Festival Kiddush

As on *Shabbat*, once you have said the *amida* of *Jewish festival shacharit*, you may not eat any food until you have said (or heard) *kiddush* and finished *kiddush* requirements by either drinking 4 fl. oz. (119 ml) of wine/grape juice or eating at least 1.3 fl. oz. (39 ml, or 1/6 cup) of *mezonot* or bread.

JEWISH FESTIVAL DAY: YIZKOR

Jewish Festival Day: Reason for Yizkor

Yizkor on *Yom Kippur* serves as a type of elevation for the souls of dead people.

Jewish Festival Day: When To Say Yizkor

Yizkor is not required to be said at all, but it is the custom in most places. *Yizkor* is normally said on *Yom Kippur* (and the final day of *Passover*, the second day of *Shavuot* and on *Shmini Atzeret)*, when many people attend the *synagogue* prayer services.
Yizkor may be said anytime you wish—even when it is not a Jewish *festival*--and does not require a *minyan*.

JEWISH FESTIVALS: MUSAF

JEWISH FESTIVALS: MUSAF: ADDITIONS FOR SACRIFICES

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot

In the *amida* of *musaf* for *Sukkot*, there is a different line added about the sacrifices for each day.

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot: Outside Eretz Yisrael

Since two days of *Jewish festival* are observed outside of *Eretz Yisrael*, read the lines for the sacrifice for both days that might have been the correct day.

EXCEPTION On second day of *Sukkot*, repeat the same lines said on the first day.

EXAMPLE On the 4th day of *Sukkot* (the 2nd day of *chol ha'moed*), say the lines for the 3rd day and 4th day. On *Shimini Atzeret*, say only the lines for *Shmini Atzeret*.

Jewish Festivals: Musaf: Additions for Sacrifices: Sukkot: In Eretz Yisrael

In *Eretz Yisrael*, read only the line for the actual (correct) day.

NOTE After the lines about the sacrifices, say *u'minchatam v'niskeichem*. If you are outside of *Eretz Yisrael*, you will need to say *u'minchatam v'niskeichem* twice:

EXAMPLE

- Say the line for the prior day's sacrifices and then say *u'minchatam v'niskeichem.*
- Then say the line for the sacrifices for the day you are at and, again, say *u'minchatam v'niskeichem*.

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