

# JEWISH FESTIVALS: EATING BEFORE

## Appetite for Jewish Festival Dinner

Do not eat a full meal (meaning, do not eat bread or a lot of *mezonot*) after *halachic* midday on the afternoon before a *Jewish festival*.

**REASON** To have an appetite for *Jewish festival* dinner.

**NOTE** You may eat other food after *halachic* midday the afternoon of (before) the *Jewish festival* but you should not eat foods which are filling.

## Eating before Hearing Jewish Festival Evening Kiddush

See Eating from Start of *Jewish Festival* until *Kiddush*.