# JEWISH FESTIVALS: ENDING: HAVDALA: WHAT TO USE

### Jewish Festivals: Ending: Havdala: No Candle or Spices

For *Jewish festival havdala*, use only wine (or a substitute, *chamar medina*, beverage); NO candle or spices (unless the *Jewish festival* also coincided with *Shabbat*).

### Jewish Festivals: Ending: Havdala: Beverage

Wine or grape juice is the preferred beverage for *havdala*, but you may use any common beverage (*chamar medina*) that is drunk for social reasons.

### Jewish Festivals: Ending: Havdala: Filling the Cup

You must pour at least 4 fl. oz. (119 ml--a *revi'it*) of wine or other beverage into the *havdala* cup--this is *halacha*. However, to symbolize that we are blessed *(siman bracha)* with wealth, overfill the cup (non-binding custom).

NOTE Do not drink the overflow, to show that we are so rich that we do not need the spilled beverage.

NOTE Do not overfill a cup containing *shmita* wine!

### Jewish Festivals: Ending: Havdala: How Much To Drink

To fulfill the commandment of *havdala* (or *kiddush*), the person making *kiddush* must drink at least 2 fl. oz. (59 ml) within 30 seconds from the *kiddush* cup. However, drinking at least 4 fl. oz. (119 ml--a *revi'it*) from the *havdala* cup within 30 seconds allows you to say *bracha achrona*.

### Jewish Festivals: Ending: Havdala: Who Drinks the Beverage

**For men:** No one should drink the *havdala* beverage except the person saying *havdala*. This is a non-binding custom, not a *halacha*.

**For women:** This custom does NOT apply to women. Women who say *havdala* for themselves may give their *havdala* beverage to someone else to drink.

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