# KADEISH: FOUR CUPS OF WINE

# KADEISH: MAKING KIDDUSH

#### **Passover Kiddush**

Passover, like all Jewish festivals, is differentiated from weekdays by saying kiddush.

### **Everyone Must Drink at Seder**

At the *Passover seder*, all Jews above the age of <u>bar mitzva</u> or <u>bat mitzva</u> (including women--unlike on other <u>Jewish festivals</u>) must drink wine for <u>kiddush</u> and for the other three times in the <u>seder</u> when the <u>borei pri</u> <u>ha'gafen</u> blessing is said.

NOTE On the other <u>Jewish festivals</u>, only one person needs to drink the wine when <u>kiddush</u> is said, and that will cover and fulfill everyone else's requirement for that <u>kiddush</u>.

NOTE Only children and people who will get sick if they drink alcohol are permitted to drink grape juice at *seder*.

### **Alcohol Content of Seder Wine**

You may dilute the *seder* wine to a minimum of 4\% alcohol.

### **Red Wine or White for Seder**

If you have equally good red wine and white wine, the red is preferred for the four cups at the <u>seder</u>. If your white wine is better or if you prefer white wine, use that.

### **Drinking More**

You may drink more wine between the first and second cups, between the second and third cups, but not between the third and fourth cups.

# KADEISH: FOUR CUPS, FOUR ROLES

## Four Cups, Four Roles

Each of the four cups has a different role:

- First Cup: *Kiddush* to sanctify the holiday.
- Second Cup: Sanctifying the *hagada*.
- Third Cup: Sanctifying *Birkat ha'mazon*.
- Fourth Cup: Sanctifying Hallel.

# **KADEISH: FOUR CUPS, FOUR EXPRESSIONS**

## **Four Cups, Four Expressions**

The four cups of wine relate to the four expressions God used when telling what he would do to bring the Israelites out of Egypt:

- V'hotzeiti I will send them out.
- V'hitzalti I will save them.
- V'ga'alti I will redeem them.
- V'lakachti I will take them.

# **KADEISH: FIFTH CUP**

### Fifth Cup

The fifth cup of wine at seder, for Eliyahu (Elijah) the prophet, symbolizes v'heiveiti--"I will bring them."

REASON In the future, everyone will drink five cups of <u>seder</u> wine. (Some say the term <u>v'heiveiti</u> is not part of the redemption and some say it is a stage that has not happened yet.)

The cup of *Eliyahu* (which is not intended to be drunk by *Eliyahu*) should be used for *kiddush* the next morning. Various customs dictate when to fill *Eliyahu's* cup; it may be filled anytime from the beginning of the *seder*.

## KADEISH: HOW MUCH TO FILL AND DRINK

### Four Cups: Minimum Quantity To Fulfill Mitzva

Minimum wine to fulfill the seder mitzva:

- Each person must drink four cups of wine at the seder;
- Each cup must hold at least 4 fl. oz. (119 ml);
- For each blessing on the wine, you must drink at least 2 fl. oz. (59 ml) within 30 seconds of when you begin to drink each cup.

## Majority of the Cup/Rov Kos

The <u>seder</u> is the only time in the year that you must drink most of your cup (<u>rov kos</u>) of <u>kiddush</u> wine. (For <u>kiddush</u> on <u>Shabbat</u> and <u>Jewish festivals</u>, you need drink only 2 fl. oz., or 59 ml). So if you have a cup larger than 4 fl. oz. (119 ml), you may have to drink a lot of wine--more than half of each cup for four cups!

NOTE You may drink other liquids between the first and second cups of wine at the <u>seder</u>, but it is not recommended.

## KADEISH: LEANING TO LEFT

### **Leaning To Left while Drinking Four Cups**

Every male at the *seder* is required to lean to the left side while drinking each cup of wine.

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