KASHRUT: COMMON MILK

Kashrut: Dairy: Common Milk (Chalav Stam)

For *milk* to be *kosher*, it must come from a *kosher* animal. You may use common *milk* (*milk* sold in conventional food stores without any *kosher* supervision) in the US.

The US government enforces laws that permit only cow's <u>milk</u> to be sold as common <u>milk</u>.

NOTE If a country does not have such laws or does not strictly enforce them, you may not rely on that

leniency and may only use milk supervised by Jews (chalav Yisrael).

NOTE Some people drink only *chalav Yisrael milk* even in the US.

Kashrut: Dairy: Chalav Yisrael

Chalav Yisrael is milk or milk products for which the milking was supervised by a religious Jew.

Chalav Yisrael applies to milk, cream, and milk solids/dried milk. The only milk derivatives that are not subject to restrictions of chalav Yisrael are whey and cheese. But they must still be kosher.

NOTE Cooking *kosher*, non-*chalav Yisrael dairy* foods does not render the utensil non-*kosher*, even for someone who only eats *chalav Yisrael*.

© Copyright 2025 Richard B. Aiken | www.practicalhalacha.com