KASHRUT: COMMON MILK

Kashrut: Dairy: Common Milk (Chalav Stam)

For *milk* to be *kosher*, it must come from a *kosher* animal. You may use common *milk* (*milk* sold in conventional food stores without any *kosher* supervision) in the US.

REASON The US government enforces laws that permit only cow's *milk* to be sold as common *milk*.

NOTE If a country does not have such laws or does not strictly enforce them, you may not rely on that leniency and may only use *milk* supervised by Jews (*chalav Yisrael*).

NOTE Some people drink only *chalav Yisrael milk* even in the US.

Kashrut: Dairy: Chalav Yisrael

Chalav Yisrael is *milk* or *milk* products for which the milking was supervised by a religious Jew. *Chalav Yisrael* applies to *milk*, cream, and *milk* solids/dried *milk*. The only *milk* derivatives that are not subject to restrictions of *chalav Yisrael* are whey and cheese. But they must still be *kosher*.

NOTE Cooking *kosher*, non-*chalav Yisrael dairy* foods does not render the utensil non-*kosher*, even for someone who only eats *chalav Yisrael*.

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