

KASHRUT: FISH

KASHRUT: FISH: BUYING IN NON-KOSHER STORE

To Buy Fresh Kosher Fish in Non-Kosher Store

To buy fresh kosher fish in a non-kosher store:

- If the fish is whole and has scales, it is kosher and you may buy it as it is.
- If the fish has already been cut, skinned, and/or filleted and there are no non-kosher fish in the store, you may buy it as kosher.
- If you want to have the fish cut, skinned, and/or filleted and there are non-kosher fish in the store, have the counter-person wash off the cutting board and knife with soap and water before preparing the fish and you may buy the fish as kosher.
- If the fish has already been cut (and there are non-kosher fish in the store such that there might have been non-kosher fish oil on the knife or cutting board), just scrape off a tiny layer from the cut surface of the fish.

NOTE You may eat a skinned fish that you can positively identify from the flesh as kosher.

EXAMPLE ALL salmon are kosher and may be eaten if they can be identified.

NOTE You may not rely on the statement of a non-Jewish-owned store that the fish is kosher or is of a variety that you know to be kosher.

KASHRUT: FISH: VARIETIES

Conger Eel with Scales

Conger eel with scales is a kosher fish! It must have a backbone.

KASHRUT: FISH: SMOKED

Kashrut: Smoked Fish

Smoked fish needs supervision due to possibly non-kosher items:

- Brine in which the fish are soaked,
- Hooks from which the fish are hung.

KASHRUT: FISH/DAIRY

Kashrut: Fish: Dairy and Fish Together

You may cook and/or eat dairy-containing and fish-containing foods together. Sefardim do not eat dairy and fish together.

KASHRUT: FISH/MEAT

Kashrut: Fish: Fish and Meat Together

Do not cook or eat meat-containing and fish-containing foods together:

- After eating fish, you must eat and drink some other food before eating meat-containing food.
- After eating meat-containing food, you must eat and drink some other food before eating fish.

NOTE If meat and fish were mixed or cooked together, there is no need to kasher the utensils.

Kashrut and Worcestershire Sauce

You may use and eat Worcestershire sauce on meat if the fish component is batel ba'shishim (nullified by being less than 1/60th of the total volume).