

# KASHRUT: PLANTS: BUGS: FOR WHAT TO CHECK: VISIBILITY

## Invisible Organisms

You are not forbidden from eating any life form that cannot be seen with the naked eye, such as micro-organisms.

## Checking Bugs by Normal Eyesight

When checking edible plants for bugs, only bugs that are visible to a person with normal eyesight may not be eaten.

**NOTE** If you have poor vision, you must have someone else do the checking or use a magnifier.