KASHRUT: PLANTS: BUGS: FOR WHAT TO CHECK: VISIBILITY

Invisible Organisms

You are not forbidden from eating any life form that cannot be seen with the naked eye, such as micro-organisms.

Checking Bugs by Normal Eyesight

When checking edible plants for bugs, only bugs that are visible to a person with normal eyesight may not be eaten.

NOTE If you have poor vision, you must have someone else do the checking or use a magnifier.

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