ONE-TIME METHOD: WHEN TO WASH

When To Use the One-Time Handwashing Method

Use the *One-Time Method* to wash hands from *tum'a*:
Before…

- Eating bread.
- Prayer services.

After…

- Cutting fingernails or toenails.
- Getting a haircut or shaving.
- Giving blood.
- Urinating or defecating.
- Scratching the hair on your head.
- Touching leather shoes (not after touching synthetic or cloth shoes).
- Touching normally covered parts of your body.
- Touching a pet.

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