PASSOVER: FOODS AND SOAPS

PASSOVER: FOOD ITEMS

Cumin
Cumin is not used on *Passover* due to its similarity to *kitniyot*. This is a custom.

Flour (raw)
Raw flour is suspected of being *chametz* and therefore may not be owned during *Passover*.

Frozen Vegetables
Frozen vegetables, such as spinach or broccoli, may not be used on *Passover* unless certified as *kosher* for *Passover*.

Matza (Oat)
There is no question that oat *matza* properly made and supervised according to Jewish law is *kosher* for eating on *Passover*.

Matza (Unopened)
Kosher for *Passover* *matza* in unopened packages stays *kosher* for *Passover* and may be used in subsequent years.

Quinoa
Quinoa is not *chametz* because it does not ferment without adding yeast and it is not one of the original *Five Grains*.

Seltzer
Plain seltzer (with no additives other than water and carbon dioxide) that has been produced before *Passover* does not need *kosher* supervision.
If produced during *Passover*, it might need *kosher* supervision.

Water (Plain)
Plain water (in the USA) never needs *kosher* supervision, not even for *Passover*.

Yeast
Yeast is not normally *chametz* but may not be used on *Passover*.

PASSOVER: SOAP/TOILETRIES

Dish Soap
Dish soap made from *kosher* ingredients but without *Passover* supervision may still be a problem on *Passover* due to possible alcoholic ingredients.

Chametz Soap
You may not use (including you may not ingest even tiny amounts of) soap that contains *chametz* on *Passover*. But since it is not fit for a dog to eat, you do not need to sell it.

Toothbrush
You do not need a new toothbrush for *Passover* as long as it is clean.

Toothpaste for Passover
Toothpaste does not need to be specially made *kosher* for *Passover*.

Laundry Starch

You may use non-*chametz* starch on clothing during *Passover* but not on tablecloths, napkins, or other items that might contact food.

REASON The starch might be *kitniyot*.

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