# PRE-YOM KIPPUR: MEAL (SE'UDA HAMAFSEKET)

### Meaning of pre-Yom Kippur Meal (Se'uda HaMafseket)

We eat a festive meal for the final meal before *Yom Kippur* to celebrate that we will be forgiven for our previous sins on *Yom Kippur*.

### Mezuman/Minyan at pre-Yom Kippur Meal (Se'uda HaMafseket)

A *mezuman* or *minyan* is permitted at the pre-*Yom Kippur* meal *(se'uda ha'mafseket)*.

REASON It is a festive meal.

### Challa Dipped in Honey for pre-Yom Kippur Meal (Se'uda HaMafseket)

Eating *challa* dipped in honey is a non-binding custom for the pre-*Yom Kippur* festive meal *(se'uda ha'mafseket).*

### Pre-Yom Kippur Meal: Shir HaMa'alot

*Shir ha'ma'alot* should be said before *birkat ha'mazon* at the final meal (*se'uda ha'mafseket)* before *Yom Kippur* (and also at a meal after *Yom Kippur* ends).

### Wishing Easy Fast

You may wish “an easy fast” for *Yom Kippur* since, although *Yom Kippur* is supposed to be a day of afflicting our souls, there are degrees of affliction!

© Copyright 2026 Richard B. Aiken | www.practicalhalacha.com