

# SHABBAT: DINNER: HOW TO DO KIDDUSH

## How To Do Shabbat Evening Kiddush

To fulfill the two requirements for Shabbat evening kiddush:

1. Say, or hear, the Shabbat evening kiddush blessings/segments:
  - Borei pri ha'gafen (on wine or grape juice only), OR Ha'motzi (on two challot if you have no wine or grape juice, as chamar medina is not permitted for Shabbat evening kiddush. See Challot for Evening Kiddush) AND
  - Mekadeish HaShabbat.
2. Establish a *halachic* “meal” (kovei'a se'uda) by either:
  - Drinking 4 fl. oz. (119 ml) of wine (or grape juice) within 30 seconds, OR
  - Eating at least 1.9 fl. oz. (56 ml) of bread or mezonot of any type (within 4 minutes) shortly after saying or hearing kiddush.

**NOTE** For evening kiddush, the custom is to go straight to the meal without delay (with no mezonot or snacking first). B'di'avad if you snacked, it is still OK.

## What To Drink for Shabbat Dinner Kiddush

Wine (or grape juice) is the only drink permissible for Friday evening (or Jewish festival evening) kiddush. If you do not have wine or grape juice with which to make evening kiddush, see Challot for Evening Kiddush.

## Challot for Evening Kiddush

To use two challot for kiddush instead of wine:

- Wash hands and say blessing al netilat yadayim.
- Say kiddush but substitute ha'motzi for borei pri ha'gafen.
- As soon as you finish saying kiddush, eat the bread as normal.