SHABBAT: DINNER: HOW TO DO KIDDUSH

How To Do Shabbat Evening Kiddush

To fulfill the two requirements for *Shabbat* evening *kiddush*:

- 1. Say, or hear, the *Shabbat* evening *kiddush* blessings/segments:
 - <u>Borei pri ha'gafen</u> (on wine or grape juice only), OR <u>Ha'motzi</u> (on two <u>challot</u> if you have no wine or grape juice, as <u>chamar medina</u> is not permitted for <u>Shabbat</u> evening <u>kiddush</u>. See <u>Challot</u> for <u>Evening Kiddush</u>) AND
 - Mekadeish HaShabbat.
- 2. Establish a halachic "meal" (kovei'a se'uda) by either:
 - Drinking 4 fl. oz. (119 ml) of wine (or grape juice) within 30 seconds, OR
 - Eating at least 1.9 fl. oz. (56 ml) of bread or *mezonot* of any type (within 4 minutes) shortly after saying or hearing *kiddush*.

NOTE For evening *kiddush*, the custom is to go straight to the meal without delay (with no *mezonot* or snacking first). *B'di'avad* if you snacked, it is still OK.

What To Drink for Shabbat Dinner Kiddush

Wine (or grape juice) is the only drink permissible for Friday evening (or <u>Jewish festival evening</u>) <u>kiddush</u>. If you do not have wine or grape juice with which to make evening <u>kiddush</u>, see <u>Challot</u> for Evening <u>Kiddush</u>.

Challot for Evening Kiddush

To use two *challot* for *kiddush* instead of wine:

- Wash hands and say blessing al netilat yadayim.
- Say kiddush but substitute ha'motzi for borei pri ha'gafen.
- As soon as you finish saying *kiddush*, eat the bread as normal.