

# SHABBAT: EATING BEFORE

## Appetite for Shabbat Dinner

Do not eat a full meal (any bread or a lot of *mezonot*) after *halachic midday* on Friday.

**REASON** In order to have a special appetite for *Shabbat* dinner.

**NOTE** You may eat other food after *halachic* midday on Friday.

## Eating before Hearing Shabbat Evening Kiddush

See Eating from Start of *Shabbat* until *Kiddush*.