SHABBAT: KNEADING (LASH)

Shabbat: Mixing Powders with Liquid

You may mix powdered food substances with liquids on *Shabbat* if:

- The resulting mixture will be fluid (you can pour it in a smooth and steady stream), AND
- You put whatever is normally added second into the container first and then add the component that is normally added first to the other substance, AND
- You mix it with your finger, not with a utensil.

NOTE You may not mix a powdered food substance with a liquid on *Shabbat* if it will result in a paste (such as wasabi).

Shabbat: Mixing Soft Foods

Mixing tuna and mayonnaise and or other soft or mushy foods is permitted on *Shabbat*; it does not constitute the *melacha* of kneading/*lash*.

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