## **SHABBAT: SQUEEZING (DASH)**

## **Shabbat: Squeezing Fruit**

On <u>Shabbat</u>, you may squeeze a lemon (or other fruit) onto solid food that you will eat right away but not into a container or into a liquid.

## **Shabbat: Squeezing Brine from Tuna**

You may squeeze brine from canned tuna on <u>Shabbat</u> but only if you will eat the tuna soon afterward (at your next meal or snack).

## **Shabbat: Squeezing Liquid from Cooked Vegetables**

You may squeeze liquid from cooked vegetables on Shabbat but only if you:

- Throw out the liquid, and leave some liquid together with the food,
- Eat the vegetables soon afterward (at your next meal or snack).

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