SHABBAT: TWO LOAVES (LECHEM MISHNEH): WHICH TO CUT

Friday Night: Cut Lower Challa

On Friday night, hold the two *challot* together, one on top of the other, but cut the lower one (for *kabbalistic* reasons).

Saturday Morning: Cut Upper Challa

On Saturday morning, cut the upper *challa* of the two *challot*. (For *Jewish festivals*, cut the upper loaf at night and day.)

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