

# SHEHAKOL: IF YOU CANNOT EAT THE FOOD

## SheHakol: Said But Cannot Eat

**SITUATION** You said the blessing *she'hakol*, intending to eat some cheese that is in front of you, and then remember that you ate meat shortly before.

**WHAT TO DO** You should not eat any of the cheese but, instead, say *Baruch shem kevod malchuto l'olam va'ed.*