

SHEHAKOL: IF YOU CANNOT EAT THE FOOD

SheHakol: Said But Cannot Eat

SITUATION You said the blessing *she'hakol*, intending to eat some cheese that is in front of you, and then remember that you ate meat shortly before.

WHAT TO DO You should not eat any of the cheese but, instead, say *Baruch shem kevod malchuto l'olam va'ed.*