

# SHEHECHEYANU: NEW FRUITS: WHEN TO BLESS

## SHEHECHEYANU: NEW FRUITS: WHEN FIRST IN SEASON

### SheHecheyanu: New Fruits: When Is First in Season

Say she'hecheyanu when eating a fresh (not dried or frozen) fruit for the first time it appears in the market that season (this does not follow Rosh Hashana or any of the other Jewish “years”).

NOTE If a fruit is available year round, never say she'hecheyanu over it.

## SHEHECHEYANU: NEW FRUITS: WHEN TRAVELLING

### SheHecheyanu: New Fruits: Visiting Place Where Fruit Is Available Year Round

#### SITUATION

- You live in an area in which a fresh fruit is not available all year.
- You visit a place in which that fruit IS available all year.

WHAT TO DO You do not say she'hecheyanu when eating this fruit the new place.

### SheHecheyanu: New Fruits: Visiting Place Where Fruit Is Not Available Year Round

#### SITUATION

- You visit a country in which a fresh fruit is not available there year round.
- You have not eaten this fruit that year (either since the fruit season began there or within the past 12 months).

WHAT TO DO You may say she'hecheyanu.

## SHEHECHEYANU: NEW FRUITS: IMPORT/EXPORT

### SheHecheyanu: New Fruits: Import/Export

#### SITUATION

A fruit is available year-round in one place.  
That fruit is taken to a place where it is not available.

#### WHAT TO DO

You may say she'hecheyanu on the fruit in that second place.