SHEHECHEYANU: NEW FRUITS: WHEN TO BLESS

SHEHECHEYANU: NEW FRUITS: WHEN FIRST IN SEASON

SheHecheyanu: New Fruits: When Is First in Season

Say *she'hecheyanu* when eating a fresh (not dried or frozen) fruit for the first time it appears in the market that season (this does not follow *Rosh Hashana* or any of the other Jewish "years").

NOTE If a fruit is available year round, never say *she'hecheyanu* over it.

SHEHECHEYANU: NEW FRUITS: WHEN TRAVELLING

SheHecheyanu: New Fruits: Visiting Place Where Fruit Is Available Year Round

SITUATION

- You live in an area in which a fresh fruit is not available all year.
- You visit a place in which that fruit IS available all year.

WHAT TO DO You do not say *she'hecheyanu* when eating this fruit the new place.

SheHecheyanu: New Fruits: Visiting Place Where Fruit Is Not Available Year Round

SITUATION

- You visit a country in which a fresh fruit is not available there year round.
- You have not eaten this fruit that year (either since the fruit season began there or within the past 12 months).

WHAT TO DO You may say *she'hecheyanu*.

SHEHECHEYANU: NEW FRUITS: IMPORT/EXPORT

SheHecheyanu: New Fruits: Import/Export

SITUATION

A fruit is available year-round in one place.
That fruit is taken to a place where it is not available.

WHAT TO DO

You may say *she'hecheyanu* on the fruit in that second place.

© Copyright 2026 Richard B. Aiken | www.practicalhalacha.com