SUKKA: EATING

Sukka: Eating: What To Eat

There is no requirement to eat any food other than *mezonot* or bread (and some opinions say also drinking wine) in a *sukka*. Eating other foods in a *sukka* is considered to be saintly behavior (*midat chasidut*).

Men: Eating Outside the Sukka

Bread: Men may not eat bread or a full meal outside the *sukka* during *Sukkot*.
Mezonot: Men may not eat more than 1.9 fl. oz. (56 ml) of *mezonot* (within four minutes) outside the *sukka* during *Sukkot*, but they may eat 1.8 fl. oz. or less, wait nine minutes, and then eat another quantity up to 1.8 fl. oz.

Women: Eating Outside the Sukka

Women and girls may eat bread or *mezonot* outside of a *sukka*. They do not need to eat any meals in the *sukka*, but if they do, it is a *mitzva* and they say *leisheiv ba'sukka*.

Sukka: Eating: Uncomfortable Weather

Except for first night of *Sukkot* (and also the second night outside of *Eretz Yisrael)*, there is no need to be discomforted at all by rain, cold, or heat. You may eat even bread outside of the *sukka* without waiting to see if the conditions will become more comfortable. This includes on *Shabbat*.

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