TZITZIT: KISSING

Tzitzit: Kissing: Morning Shema

When saying morning *shema*, kiss the *tzitzit* when saying the words:

- "*tzitzit*" in the *shema*, and
- "*emet*" and "*la'ad*" in paragraph following the *shema*.

These are non-binding customs, not *halacha*.

Tzitzit: Kissing: Night Shema

Don't kiss *tzitzit* when saying the *shema* at night.

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