WHEN IS SHABBAT

WHERE DOES THE DAY BEGIN

Where the Day Begins: Three Opinions

There are three main opinions on where the day begins:

a. 90 degrees east of Jerusalem;

b. 180 degrees east of Jerusalem; and

c. Eastern extent of land at Jerusalem latitude (in China, near Shanghai).

WHICH DAY IS SHABBAT

SHABBAT: IDL AND REGION OF SAFEK/DOUBT

Introduction to Shabbat, IDL, and Region of Safek/Doubt

The International Dateline (IDL), which is 180 degrees away from Greenwich, England, crosses the Pacific ocean from north to south and divides a region of *safek*/doubt as to which day is *Shabbat*. This region's eastern boundary is a line 180 degrees east of Jerusalem, which lies between Hawaii and the US mainland; the western boundary is east of Shanghai. All countries in this region of IDL *safek*/doubt are island countries.

In a region of doubt, such as Tasmania, keep normal *Shabbat* (*Shabbat d'rabanan*) on local Saturday and keep *Shabbat d'oraita* on:

Friday if you are:

- West of mainland USA, but
- East of the IDL, and
- Not attached to the mainland.

In this category are some islands off the coast of Alaska, Cook Islands, Hawaii, French Polynesia (Tahiti, Bora-Bora, etc.), and most of the other islands in Polynesia.

Sunday if you are:

- West of the IDL, but
- East of Shanghai, and
- Not attached to the mainland.

In this category are Fiji, Japan, Kwajalein, Micronesia-Palau, New Caledonia, New Zealand, Papua New Guinea, Samoa, Solomons, Tasmania, Tonga, Truk, Vanuatu, Yap. Also parts of Taiwan, the Philippines, and Indonesia.

NOTE In all cases, you must still observe regular *Shabbat* on Friday night/Saturday.

SITUATION

You are in a place near the International Dateline (IDL) in which you are not sure which day of the week it is *halachically: Shabbat* or, if you are east or west of the IDL, Friday or Sunday.

WHAT TO DO

On the Friday or Sunday in question, there is no *shvut (d'rabanan* prohibitions, including *muktza*), so you may do all *melacha d'rabanan* WITHOUT a *shinui*. You may:

- Ask or tell a non-Jew to do anything, including a *melacha d'rabanan* or *d'oraita*.
- Ride in a cab or car driven by a non-Jew.

  NOTE You may not drive a vehicle yourself.

  NOTE You may open the door yourself, even if a light will come on, as long as you do not need to use that light to see.

- Use electricity--except for heat or light—including turning on a fan or air conditioner (heat and light are forbidden by the *Torah*).
- Use the telephone. (Using a cellphone may be permissible--ask a *rabbi*).
- Carry from a private domain (*reshut ha'yachid*) to another private domain, even through a public domain (*reshut ha'rabim*); but you may not stop walking in the public domain and you may not put the object down in the public domain unless you use a *shinui*.
- There is no practical way to light candles, even using a *shinui*, but a non-Jew may light them for you and and you may say the blessing on the candles.
- Swim, surf, scuba dive, climb, and play all games that do not use *melacha*. You may not wring out clothes and if you are swimming or scuba diving, your swimsuit or wetsuit must be clean.
- Walk any distance (there is no *techum Shabbat d'oraita).*
- *Kinyan*. You may acquire items.
- Fly, including check in and getting on plane if:
  - The pilot is non-Jewish, and
  - You don't do any *melacha d'oraita* (including any writing) without a *shinui*.
- Use a computer if it automatically goes to sleep after less than 24 hours of not being used.
- Shower. However:
  - You may not use an “instant on” hot water system in which the water is heated as you use it; you may only use the hot water if it has a holding tank.
  - You may use only liquid soap; hard soap is forbidden.
- Ingest medicine (but you may not smear it on skin).
- Use some make up, such as rouge, mascara, eye shadow. You may not use lipstick.
- Open a refrigerator with light (and all other *psik reisha d'la neicha lei*).
- You may buy necessities on Friday or Sunday as long as:
  - The store owner is not Jewish (or if he/she is Jewish, does not write or print a receipt),
  - You do not write, and
  - There is no r*eshut ha'rabim*.

You may also do *melacha d'oraita* if:

- You use a *shinui* (non-normal way of doing that action--this is forbidden *d'rabanan* on *Shabbat* but is allowed on the Friday or Sunday in question), OR
- Two or more people do the *melacha* together.

D'oraita, you may not:

- Cook food.

- Turn on lights (but you may turn them off).
- Carry from domains.
- *Boneh* – building any permanent structure.
- Write two or more letters of the alphabet.
- Drive--there is no practical way to drive using a *shinui*.
- Shave--there is no practical way to shave using a *shinui*.
- Use toothpaste (but you may use tooth-cleaning powder).
- Use skin cream--you may dab it on without smearing it.

However, you may do these following actions with a *shinui* on the Friday or Sunday in question, as follows:

- Cook food. You must put food in the cooking utensil first, then turn on the heat with *shinui*. You may turn off the heat even without a *shinui*.
- Turn on lights (such as with your elbow).
- Stop along the way when carrying from a private domain (*reshut ha'yachid*) to another private domain, even through a public domain (*reshut ha'rabim*). As a *shinui*, you may carry the object in your mouth (as long as it is not food), etc.

Note Carrying something in your pocket is NOT a *shinui*.

- Tear paper (such as putting toilet paper across knees and moving the knees apart).
- Write (such as with the opposite hand).

Flying East From Australia on Sunday
If you fly east from Australia on Sunday:

- Do not do any *melacha d'oraita* from the time you are east of Australia's east coast.
- Do not even do any *melacha d'rabanan* once you have crossed the international dateline (IDL).

NOTE Once you have crossed into local Saturday night after local dark, *Shabbat* ends a second time!

If You Cross IDL from Friday into Saturday
If you travel west and cross the international dateline (IDL) from Friday into Saturday, do not do any *melacha* (*d'oraita* or *d'rabanan*) while you are flying over the area of doubt (*safek)*.

NOTE If you land after sunset Saturday night, you will have missed most of *Shabbat* that week.

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