WHEN SHABBAT STARTS: GENERAL

When Shabbat Starts: General

There are many approaches as to when to start *Shabbat*:

Men

For men, whichever is first:

- At sunset, or
- When they light candles intending to begin *Shabbat* then, or
- When they say *Mizmor shir l'yom haShabbat*.

Women

For women, whichever is first:

- When they light candles intending to begin *Shabbat* then (most people light 18 minutes before sunset but local customs can vary; e.g., Jerusalem), or
- In case of urgent need, just before sunset if they have not lit candles.

NOTE Even if a husband has finished *ma'ariv* for *Shabbat*, his wife is not required to start *Shabbat* when he does, and she may still light her candles at the normal candle lighting time. The husband does not need to wait outside until she has lit. However, the ideal situation is for the home to be ready (including table set) by the time the husband has finished *ma'ariv* and has returned home from *synagogue*.

Community-Wide Considerations

- If an entire community begins *Shabbat* at any time earlier than sunset on Friday, EVERYONE must begin *Shabbat* at that time.

- If there are at least two minyans in any community, no one is required to start *Shabbat* with the earliest one (but if you associate yourself with one of those minyans, you must follow their custom).

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