WHEN TO PRAY: SHACHARIT: L'OLAM YIHEI ADAM

When To Say Mekadeish et Shimcha BaRabim

You may only include God's name in *Baruch ata Adonai, mekadeish et shimcha ba'rabim* if:

- You have not yet said the full morning *shema*, and
- It is still before the third *halachic hour* of the day.

NOTE If you already said the morning *shema*, whether on time or not, you may still return to fill in the morning blessings. When you get to *l'olam yihei adam,* don't include God's name in the concluding blessing. Rather, say, *"Baruch ata, mekadeish et shimcha ba'rabim."*

When To Say Baruch She'Amar

After the fourth *halachic* hour, unless in extreme circumstances, neither men nor women may say any of the prayers from *baruch she'amar* through the line before the *amida*.

Shacharit: Might Return To Sleep and Miss Latest Time To Say Shema

SITUATION You wake up after daybreak, but you might go back to sleep and thereby miss the time for saying *mekadeish et shimcha ba'rabim* and *shema* (both of which must be said by the third *halachic* hour of the day).

WHAT TO DO You should say at least the:

- Blessing on washing your hands,
- Blessings on studying *Torah*, including *Elohai neshama* and all other related sayings, and
- Complete *shema*--with the condition that:
  - If you sleep past the latest time for *shema* (*sof zman kriat shema*), this *shema* fulfills your obligation; but
  - If you do not go back to sleep, this *shema* does not fulfill your obligation.

Then, whether you go back to sleep or not, having made the condition allows you to say the full blessing of *mekadeish et shimcha ba'rabim*, including God's name, if you get to *l'olam yihei adam*... before the third hour of the day.

NOTE If you said the *shema* when you woke up but did not made the condition, you would not be able to say the concluding blessing *mekadeish et shimcha ba'rabim* with God's name when repeating the *shema* (but you may say it without using God's name: see When To Say Mekadeish et Shimcha BaRabim).

NOTE If you go back to sleep, don't repeat the blessings on washing hands and studying *Torah* when you wake up.

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