YEAR OF MOURNING: SHEHECHEYANU

SheHecheyanu

A mourner (*avel*) is permitted to say *she'hecheyanu* for himself but should not say *she'hecheyanu* if required for the congregation. An *avel* should say *she'hecheyanu* on:

- Eating a “new” fruit.
- Wearing a new garment.
- Lighting *Chanuka* candles at home for the first time that year.

An *avel* should not do the following, since he should not say *she'hecheyanu* unless it is necessary:

- Light *Chanuka* candles in *synagogue*.
- Read the *megila*.
- Blow *shofar* on *Rosh Hashana*.

© Copyright 2026 Richard B. Aiken | www.practicalhalacha.com