YEAR OF MOURNING: SYNAGOGUE SEAT

Synagogue Seat When Mourning for Parent

Change your normal seat in *synagogue* during the year of mourning for a parent. (The *rabbi* is not required to change seats). You should move to a seat further away from the *aron hakodesh* then your previous seat (since seats further from the *aron* are considered to be less prestigious than those close to the *aron*).

REASON This is to show humility and that we feel subdued due to the death.

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